



State of New Jersey

DEPARTMENT OF HEALTH AND SENIOR SERVICES

PO BOX 367
TRENTON, N.J. 08625-0367

www.nj.gov/health

JON S. CORZINE
Governor

HEATHER HOWARD
Commissioner

September 2008

Dear Administrator:

Since its inception, licensure of Assisted Living Facilities (ALFs), Assisted Living Programs (ALPs) and Comprehensive Personal Care Homes (CPCHs) has been an innovative and collaborative endeavor. In that spirit, I am pleased to announce that advances in technology have enabled the Department of Health and Senior Services (the Department) to allow Certified Medication Aides (CMAs) to administer insulin using fixed insulin cartridge & injector devices, called "pens," under N.J.A.C. 8:36-11.5 (b)3i.

TAKE NOTICE:

In accordance with N.J.A.C. 8:36-11.5 (b)3i, a Registered Nurse (RN) may delegate the administration of insulin, packaged as insulin pens, to certified medication aides (CMAs) in Assisted Living Facilities, Assisted Living Programs, & Comprehensive Personal Care Homes. The Department will begin allowing the use of insulin pens effective October 1, 2008. The practice of delivering a physician ordered dose of insulin via this administration method is considered administering pre-drawn insulin.

Enclosed are applicable Department Guidelines, the Instructor's Rating Sheet for Duty Area 2.1(a) and a set of Questions and Answers.

If you have any questions or require additional information, please contact Pamela Z Gendlek, Program Manager, Assessment & Survey <pamela.gendlek@doh.state.nj.us> or (609) 633-8981.

Sincerely,

Enclosures